



Health & Wellbeing Events Calendar 2019



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|----------|---|---|--|
| JAN | 1-31 | Get Ireland Active Promoting Physical Activity in Ireland http://www.getirelandactive.ie/ Email: info@getirelandactive.ie | |
| | 1-31 | START Child Health campaign http://www.safefood.eu/Start/Welcome.aspx/ Email: info@safefood.eu | |
| | 1-31 | Lung Cancer Awareness Month Irish Cancer Society www.cancer.ie | |
| | 1-31 | Little Things campaign Mind Your Mental Health https://www2.hse.ie/services/campaigns/littlethings/about-littlethings.html https://www2.hse.ie/mental-health/ | |
| | 1-31 | Mind Monster Mental Health Campaign for Young People https://www2.hse.ie/healthy-you/ https://www2.hse.ie/mental-health/ | |
| | 1-31 | Breathelife Climate and Clean Air Initiative WHO/UN Environment http://breathelife2030.org/ | |
| | 9 | Operation Transformation RTE https://ot.rte.ie/ | |
| FEB | 21-27 | European Cervical Cancer Prevention Week Cervical Screening Programme https://www.hse.ie/eng/cervicalcheck/ | |
| | 1 | National Health & Social Care Professions Day Health Service Executive HSCP Hub at www.hseland.ie | |
| | 4 | World Cancer Day Irish Cancer Society http://www.worldcancerday.org/ www.cancer.ie/ Email: reception@irishcancer.ie | |
| | 5 | Safer Internet Day PDST Technology in Education and Webwise https://www.webwise.ie/saferinternetday/ | |
| | 11 | International Epilepsy Day Epilepsy Ireland http://www.epilepsy.ie/ https://internationalepilepsyday.org/ | |
| | 20 | World Day of Social Justice United Nations http://www.un.org/en/events/socialjusticeday/ https://www.socialjustice.ie/ | |
| | 25-3 Mar | Eating Disorders Week BodyWhys https://www.bodywhys.ie/eating-disorders-awareness-week-2018/ | |
| MAR | 28 | Rare Disease Day Eurordis. https://www.rare-diseaseday.org/ | |
| | 3 | World Wildlife Day United Nations http://www.un.org/en/events/wildlifeday/ | |
| | 4 | HPV Awareness Day Irish Cancer Society www.irishcancer.ie | |
| | 6 | National No Smoking Day HSE Quitline https://www.quit.ie/ Phone 1800 201 203 FREETEXT QUIT TO 50100 www.facebook.com/HSEquit | |
| | 7 | World Book Day UNESCO http://www.worldbookday.com/world-book-day-ireland/ https://www.worldbookday.com/world-book-day-ireland/ | |
| | 8 | International Women's Day National Women's Council of Ireland www.nwci.ie Email: info@nwci.ie | |
| | 11-17 | National Brain Awareness Week Neurological Alliance of Ireland http://www.nai.ie/go/brain_awareness_week | |
| | 11-15 | National Scoot to School Week Green Schools An Taisce https://greenschoolsireland.org/event/ | |
| | 14 | World Kidney Day Irish Kidney Association www.ika.ie https://www.worldkidneyday.org/2019-campaign/2019-wkd-theme/ | |
| | 16-24 | European-wide Action Week Against Racism United Nations http://weekagainstracism.eu/about/ | |
| | 20 | International Day of Happiness United Nations http://www.un.org/en/events/happinessday/documents.shtml https://www.dayofhappiness.net/#join | |
| | 21 | World Down Syndrome Day Down Syndrome Ireland www.downsyndrome.ie Email: info@downsyndrome.ie https://worlddownsyndromeday.org/ | |
| | 22 | World Water Day UN http://www.un.org/en/events/waterday/ | |
| | 24 | World TB Day WHO http://www.stoptb.org/events/world_tb_day/ | |
| | APR | 30-6 April | Organ Donation Week Irish Kidney Association www.ika.ie/ |
| 1-31 | | Bowel Cancer Awareness Month Irish Cancer Society www.cancer.ie | |
| 2 | | World Autism Awareness Day Irish Autism Action www.autismireland.ie/ | |
| 7 | | World Health Day WHO http://www.who.int/campaigns/en/ | |
| 8-14 | | National Arthritis Week Arthritis Ireland www.arthritisireland.ie | |
| 22 | | Earth Day https://www.earthday.org/earthday/ | |
| 23 | | World Book and Copyright Day UNESCO https://en.unesco.org/commemorations/worldbookday/ | |
| 24-30 | | World Immunisation Week WHO http://www.euro.who.int/en/health-topics/disease-prevention/vaccines-and-immunization/european-immunization-week/ | |
| 28 | | World Day for Safety and Health at Work http://www.un.org/en/events/safeworkday/ | |
| MAY | | 1-31 | SunSmart Skin Cancer Prevention Irish Cancer Society www.irishcancer.ie |
| | 1-31 | Bealtaine Arts Festival for Older People Age & Opportunity http://bealtaine.com/ | |
| | 5 | World Hand Hygiene Day Save lives Clean your hands WHO http://www.who.int/gpsc/5may/en/ www.hse.ie | |
| | 7 | World Asthma Day Asthma Society of Ireland www.asthmasociety.ie/ www.ginasthma.org/World-Asthma-Day/ | |
| | 7-10 | Skipathon Irish Heart Foundation www.irisheart.ie/ | |
| | 7-10 | Active School Week Active School Flag http://activeschoolflag.ie/index.php/active-school-week/ | |
| | 8 | World Ovarian Cancer Day Irish Cancer Society www.irishcancer.ie https://ovariancancerday.org/ | |
| | 12 | World Fibromyalgia Day Arthritis Ireland www.arthritisireland.ie | |
| | 13-17 | Tusla National Child and Family Support Week Tusla | |
| | 13-17 | Walk to School Week Green Schools An Taisce https://greenschoolsireland.org/event/ | |
| | 13-19 | National Volunteering Week Volunteer Ireland https://www.volunteer.ie/ | |
| | 15 | International Day of Families http://www.un.org/en/events/familyday/ | |
| | 18 | European Obesity Day EASO https://www.europeanobesityday.eu/ | |
| | 21 | World Day for Cultural Diversity for Dialogue and Development United Nations www.un.org/en/events/culturaldiversityday/index.shtml | |
| | JUN | 24-26 | Community Games Final Community Games https://www.communitygames.ie/ |
| 30 | | World MS Day MS Ireland MS International Federation www.ms-society.ie/ http://www.ms-society.ie/blog-articles/2413-world-ms-day-2019 | |
| 31 | | World No-Tobacco Day Tobacco and Lung Health World Health Organization https://www.who.int/tobacco/wntd/en/ www.quit.ie | |
| 2 | | Dublin Women's Mini Marathon VHI Women's Mini Marathon http://www.vhiwomensminimarathon.ie/ | |
| 5 | | World Environment Day UNEP http://worldenvironmentday.global/ | |
| 10-16 | | International Men's Health Awareness Week Men's Health Forum in Ireland www.mhfi.org | |
| 10-16 | | National Carers Week Care Alliance Ireland http://www.carersweek.ie/ www.carersireland.com Email info@carersireland.com | |
| 14 | | World Blood Donor Day WHO https://www.who.int/campaigns/world-blood-donor-day/ Irish Blood Transfusion Board www.giveblood.ie | |
| 15 | | World Elder Abuse Awareness Day United Nations http://www.un.org/en/events/elderabuse/ | |
| 20 | | International Day of Yoga United Nations http://www.un.org/en/events/yogaday/ | |
| JUL | 21 | World Refugee Day United Nations www.un.org/en/events/refugeeday/ | |
| | 22-30 | National Bike Week Department of Transport, Tourism and Sport www.bikeweek.ie | |
| | 26 | International Day Against Drug Abuse and Illicit Trafficking United Nations http://www.un.org/en/events/drugabuseday/ | |
| | 11 | World Population Day United Nations http://www.un.org/en/events/populationday/ | |
| | 15 | World Youth Skills Day United Nations http://www.un.org/en/events/youthskillsday/ | |
| | 28 | World Hepatitis Day World Hepatitis Alliance http://www.worldhepatitisalliance.org/ WHO https://www.who.int/who-campaigns/world-hepatitis-day/ | |
| | 30 | International Day of Friendship http://www.un.org/en/events/friendshipday/ | |
| | AUG | 1-7 | World Breastfeeding Week World Alliance for Breastfeeding Action http://worldbreastfeedingweek.org/ http://www.waba.org.my/ www.breastfeeding.ie |
| | | 12 | International Youth Day United Nations www.un.org/en/events/youthday/ |
| | | 16-18 | Community Games Final Community Games https://www.communitygames.ie/calendar.html |
| SEPT | 19 | World Humanitarian Day United Nations http://www.un.org/en/events/humanitarianday/index.shtml/ | |
| | 1-30 | Childhood Cancer Awareness Month Irish Cancer Society www.irishcancer.ie | |
| | 1-30 | Irish Heart Month Irish Heart Foundation www.irisheart.ie/ | |
| | 8 | World Physical Therapy Day Irish Society of Chartered Physiotherapists www.iscp.ie https://www.wcpt.org/wptday | |
| | 8 | International Literacy Day http://www.un.org/en/events/literacyday/ | |
| | 8-14 | National Palliative Care Week All Ireland Institute of Hospice and Palliative Care http://www.thepalliativehub.com/public-awareness | |
| | 10 | World Suicide Prevention Day International Association for Suicide Prevention www.iasp.info/wspd/ | |
| | 15 | World Lymphoma Awareness Day Lymphoma Forum of Ireland http://lymphomaforum.ie/ Lymphoma Coalition http://www.lymphomacoalition.org/wlad | |
| | 16-22 | European Mobility Week www.mobilityweek.eu/ Department of Environment, Heritage and Local Government http://www.environ.ie/ | |
| | 20 | Mouth Cancer Awareness Day http://www.mouthcancerawareness.ie/ | |
| | 20 | Culture Night Department of Culture, Heritage and the Gaeltacht https://culturenight.ie/ | |
| | 21 | World Alzheimer's Day Alzheimer's Disease International http://www.alz.co.uk/ ; http://www.alzheimer.ie/Home.aspx http://www.understandtogether.ie | |
| | 21 | International Day of Peace United Nations http://www.un.org/en/events/peaceday/ | |
| | 22 | World Car-Free Day https://carfreemetrodc.org/about-car-free-day/ | |
| | 23 | International Day of Sign Languages United Nations http://wfdeaf.org/news/un-23-sept-as-international-day-of-sign-languages/ https://www.irishdeaf.com/ | |
| 29 | World Heart Day Irish Heart Foundation www.irisheart.ie/ www.worldheartfederation.org | | |
| 26 | National Fitness Day Get Ireland Active http://nationalfitnessday.ie/ | | |
| 29 | National Walking Day Sport Ireland www.sportireland.ie/ | | |
| 30-6 Oct | Positive Ageing Week Age Action https://www.ageaction.ie | | |
| OCT | 1-31 | Breast Cancer Awareness Month Irish Cancer Society www.cancer.ie | |
| | 1 | UN International Day of Older Persons www.olderinireland.ie www.un.org/en/events/olderpersonsday/ | |
| | 1-7 | National Breastfeeding Week Health Service Executive www.breastfeeding.ie | |
| | 5 | World Teachers' Day UNESCO https://en.unesco.org/themes/teachers/world-teachers-day | |
| | 6-13 | National Fire Safety Week Department of Housing, Planning, Community & Local Government www.fireireland.ie www.firesafetyweek.ie | |
| | 7-13 | Irish Road Safety Week Road Safety Authority http://www.rsa.ie/RSA/Road-Safety/Campaigns/Current-road-safety-campaigns/ | |
| | 10 | World Mental Health Day WHO www.who.int/mental_health/world-mental-health-day/en/ www.mentalhealthireland.ie | |
| | 10 | World Sight Day International Agency for the Prevention of Blindness (IAPB) https://www.iapb.org/advocacy/world-sight-day/ | |
| | 12 | World Arthritis Day Arthritis Ireland www.arthritisireland.ie | |
| | 11-11 Nov | MSReadathon Multiple Sclerosis Ireland https://www.msreadathon.ie/about | |
| | 16 | World Food Day UN www.fao.org | |
| | 20 | World Osteoporosis Day http://www.worldosteoporosisday.org/ | |
| | 21-27 | International Open Access Week http://www.openaccessweek.org/ | |
| | 27 | Dublin City Marathon http://kbcdublinmarathon.ie/ | |
| | 29 | World Stroke Day Irish Heart Foundation www.irisheart.ie | |
| NOV | 1-30 | November Prostate Cancer Awareness Month Irish Cancer Society www.cancer.ie | |
| | 12 | World Pneumonia Day http://www.worldpneumoniaday.org/ | |
| | 14 | World Diabetes Day www.idf.org/worlddiabetesday www.diabetes.ie | |
| | 20 | World COPD Day COPD Support Ireland www.copd.ie https://goldcopd.org/world-copd-day/ | |
| | 11-17 | World Antibiotic Awareness Week https://www.who.int/ HSE www.undertheweather.ie | |
| | 19 | International Men's Day www.internationalmensday.com Men's Health Forum in Ireland www.mhfi.org | |
| | 18-22 | EU Action on Alcohol Week HSE www.askaboutalcohol.ie http://www.awarh.eu/ | |
| | 20 | Universal Children's Day www.un.org/en/events/childrensday/ http://www.childrensrights.ie/ www.unicef.org | |
| | 25 | International Day for the Elimination of Violence against Women http://www.un.org/en/events/endviolenceday/ | |
| | DEC | 1 | World AIDS Day www.worldaidsday.org/events ACET (AIDS Care Education & Training Ireland) www.acet.ie |
| 3 | | International Day of Persons with Disabilities http://www.un.org/en/events/disabilitiesday/ Inclusion Ireland http://www.inclusionireland.ie | |
| 5 | | International Volunteer Day Volunteer Ireland https://www.volunteer.ie/ | |
| 10 | | Human Rights Day Irish Human Rights Commission www.ihrc.ie/ www.un.org/en/events/humanrightsday/ | |
| 18 | | International Migrants Day United Nations www.un.org/en/events/migrantsday/ | |

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