



Health & Wellbeing Events Calendar 2018



Month	Date	Event Name	Organizer	Contact
JAN	1-31 Dec	European Year of Cultural Heritage	The Heritage Council	https://www.eych2018.com/ Email: eych@heritagecouncil.ie
	1-31	BreatheLife Climate and Clean Air Initiative	WHO/UN Environment	http://breathelife20330.org/
	1-31	GET Ireland Active	Promoting Physical Activity in Ireland	http://www.getirelandactive.ie/ Email: info@getirelandactive.ie
	1-31	START child Health campaign		http://www.safefood.eu/Start/Welcome.aspx Email: info@safefood.eu
	1-31	Lung Cancer Awareness Month	Irish Cancer Society	www.cancer.ie
	1-31	Little Things campaign	Mind Your Mental Health	http://www.yourmentalhealth.ie/get-involved/littlethings-campaign/about-littlethings/
	12	Operation Transformation	RTE	https://ot.rte.ie/
	1-31	To the Moon and Back : Get Primary School kids Moving Step Challenge	Irish Heart Foundation	www.irisheart.ie Email: schools@irisheart.ie
	28- 3 Feb	European Cervical Cancer Prevention Week	Cervical Screening Programme	https://www.cervicalcheck.ie/
	FEB	1	Health & Social Care Professions (HSCPs) Day	HSE
4		World Cancer Day	Irish Cancer Society	http://www.worldcancerday.org/ Phone: 01 2310500 www.cancer.ie/ Email: reception@irishecancer.ie
6		Safer Internet Day	PDST Technology in Education and Webwise	http://www.saferinternetday.ie/
12		International Epilepsy Day	Epilepsy Ireland	http://www.epilepsy.ie/ Email: ibeexecdir@eircom.net
14		National No Smoking Day	Quitline	https://www.quit.ie/ , Phone 1800 201 203 FREETEXT QUIT TO 50100 www.facebook.com/HSEquit
20		World Day of Social Justice	United Nations	http://www.un.org/en/events/socialjusticeday/
23		Daffodil Day	Irish Cancer Society	www.cancer.ie Email: reception@irishecancer.ie
26-4 Mar		Eating Disorders Week	BodyWhys	https://www.bodywhys.ie/eating-disorders-awareness-week-2018/
3		World Wildlife Day	United Nations	http://www.un.org/en/events/wildlifeday/
5-11		National Brain Awareness Week	Neurological Alliance of Ireland	http://www.nai.ie/go/brain_awareness_week
MAR	8	International Women's Day	National Women's Council of Ireland	Email: info@nwci.ie www.nwci.ie
	8	World Kidney Day	Irish Kidney Association	www.ika.ie Email: info@ika.ie http://www.worldkidneyday.org/2018-campaign/2018-wkd-theme/
	12-16	Scoot to School Week	Green Schools An Taisce	https://greenschoolsireland.org/event/
	18-26	European-wide Action Week Against Racism	United Nations	http://weekagainstracism.eu/about/
	20	International Day of Happiness	United Nations	http://www.un.org/en/events/happinessday/documents.shtml
	21	World Down Syndrome Day	Down Syndrome Ireland	www.downsyndrome.ie Email: info@downsyndrome.ie https://worlddownsyndromeday.org/
	21	World Water Day		http://www.un.org/en/events/waterday/
	22	World Poetry Day	UNESCO	http://www.un.org/en/events/poetryday/
	24	World TB Day	WHO	http://www.stoptb.org/events/world_tb_day/
	31- 7 April	Organ Donation Week	Irish Kidney Association	www.ika.ie Email: info@ika.ie
APR	1-31	Bowel Cancer Awareness Month	Irish Cancer Society	www.cancer.ie
	2	World Autism Awareness Day	Irish Autism Action	www.autismireland.ie Email: info@autismireland.ie
	7	World Health Day	WHO	http://www.who.int/campaigns/en/
	23-28	National Stroke Awareness Week	Irish Heart Foundation	http://www.irisheart.ie/
	22	Earth Day		http://www.earthday.org/2015
	23-29	World Immunisation Week	WHO	http://www.euro.who.int/en/health-topics/disease-prevention/vaccines-and-immunization/european-immunization-week
	23	World Book and Copyright Day	United Nations	http://www.un.org/en/events/poetryday/
	23-27	Active School Week	Active School Flag	http://activeschoolflag.ie/index.php/active-school-week/
	28	World Day for Safety and Health at Work		http://www.un.org/en/events/safeworkday/
	1-31	Bealtaine Arts Festival for Older People	Age & Opportunity	Phone: 01-8057709 http://bealtaine.com/
MAY	1	World Asthma Day	Asthma Society of Ireland	www.asthmasociety.ie/ www.qinasthma.org/World-Asthma-Day
	5	World Hand Hygiene Day	Save lives Clean your hands	WHO http://www.who.int/gpsc/5may/en/ www.hse.ie
	14-18	Walk to School Week	Green Schools An Taisce	https://greenschoolsireland.org/event/
	14-20	National Volunteering Week	Volunteer Ireland	Email: info@volunteer.ie
	15	International Day of Families		http://www.un.org/en/events/familyday/
	19	European Obesity Day	EASO	https://www.europeanobesityday.eu/
	21	World Day for Cultural Diversity for Dialogue and Development	United Nations	www.un.org/en/events/culturaldiversityday/index.shtml
	25-27	Community Games Final	Community Games	https://www.communitygames.ie/
	30	World MS Day	MS Ireland MS International Federation	www.ms-society.ie/ https://www.msif.org/event/world-ms-day-3/
	31	World No-Tobacco Day	World Health Organization	http://www.who.int/mediacentre/events/2018/world-no-tobacco-day/en/www.quit.ie
JUN	3	Dublin Women's Mini Marathon	VHI Women's Mini Marathon	http://www.vhiwomensminimarathon.ie/ Email: info@womensminimarathon.ie
	5	World Environment Day	UNEP	http://worldenvironmentday.global/
	11-17	International Men's Health Awareness Week	Men's Health Forum in Ireland	www.mhfi.org
	11-17	National Carers Week	Care Alliance Ireland	http://www.carersweek.ie/ www.carersireland.com Email info@carersireland.com
	14	World Blood Donor Day	WHO	www.who.int/worldblooddonor/en/ Irish Blood Transfusion Board www.giveblood.ie
	15	World Elder Abuse Awareness Day	United Nations	http://www.un.org/en/events/elderabuse/
	9-17	National Bike Week	Department of Transport, Tourism and Sport	www.bikeweek.ie
	20	International Day of Yoga	United Nations	http://www.un.org/en/events/yogaday/
	21	World Refugee Day	United Nations	www.un.org/en/events/refugeeday/
	26	International Day Against Drug Abuse and Illicit trafficking	United Nations	http://www.un.org/en/events/drugabuseday/
JUL	11	World Population Day	United Nations	http://www.un.org/en/events/populationday/
	15	World Youth Skills Day	United Nations	http://www.un.org/en/events/youthskillsday/
	28	World Hepatitis Day	World Hepatitis Alliance	http://www.worldhepatitisalliance.org/ WHO www.who.int/campaigns/hepatitis-day/en
	30	International Day of Friendship		http://www.un.org/en/events/friendshipday/
AUG	1-7	World Breastfeeding Week	World Alliance for Breastfeeding Action	http://worldbreastfeedingweek.org/ http://www.waba.org.my/ www.breastfeeding.ie
	12	International Youth Day	United Nations	www.un.org/en/events/youthday/
	17-19	Community Games Final	Community Games	https://www.communitygames.ie/
SEPT	19	World Humanitarian Day	United Nations	http://www.un.org/en/events/humanitarianday/index.shtml
	1-30	Irish Heart Month	Irish Heart Foundation	www.irisheart.ie
	8	World Physical Therapy Day	Irish Society of Chartered Physiotherapists	www.iscp.ie
	8	International Literacy Day		http://www.un.org/en/events/literacyday/
	10	World Suicide Prevention Day	International Association for Suicide Prevention	www.iasp.info/wspd/
	10-17	European Week of Sport	Sport Ireland	www.sportireland.ie https://ec.europa.eu/sport/week/stories/beactive-2018-european-championships_en
	15	World Lymphoma Awareness Day	Lymphoma Forum of Ireland	http://lymphomaforum.ie/ Lymphoma Coalition http://www.lymphomacoalition.org/wlad
	16-22	European Mobility Week	Department of Environment, Heritage and Local Government	http://www.envirom.ie/
	19	Mouth Cancer Awareness Day		http://www.mouthcancerawareness.ie/
	21	World Alzheimer's Day	Alzheimer's Disease International	http://www.alz.co.uk/ ; http://www.alzheimer.ie/Home.aspx http://www.understandtogether.ie
OCT	21	World Gratitude Day	United Nations	https://www.srichinmoy.org/service/United_nations/world-gratitude-day
	21	International Day of Peace	United Nations	http://www.un.org/en/events/peaceday/
	22	World Car-Free Day		www.worldcarfree.net/ www.irishecancer.ie
	24-30	Positive Ageing Week	Age Action	https://www.ageaction.ie
	29	World Heart Day	Irish Heart Foundation	www.irisheart.ie www.worldheartfederation.org
	29	National Fitness Day – Take on the Teacher Challenge	Get Ireland Active	http://nationalfitnessday.ie/ Email: info@irelandactive.ie
	1-31	Breast Cancer Awareness Month	Irish Cancer Society	www.cancer.ie
	1	UN International Day of Older Persons		www.olderinireland.ie www.un.org/en/events/olderpersonsday/
	1-7	National Breastfeeding Week	Health Service Executive	www.breastfeeding.ie
	5	World Teachers' Day	UNESCO	https://en.unesco.org/themes/teachers/world-teachers-day
NOV	8-14	National Fire Safety Week	Department of Housing, Planning, Community & Local Government	www.fireireland.ie www.firesafetyweek.ie
	10	World Mental Health Day	WHO	www.who.int/mental_health/world-mental-health-day/en/ www.mentalhealthireland.ie
	8-14	National Arthritis Week	Arthritis Ireland	www.arthritisireland.ie
	11	World Sight Day	IAPB	https://www.iapb.org/advocacy/world-sight-day/
	12 -12 Nov	MSReadathon	MS Ireland	https://www.msreadathon.ie/about Email: read@msreadathon.ie
	16	World Food Day	FAO	www.fao.org www.fao.org/getinvolved/en/
	20	World Osteoporosis Day		http://www.worldosteoporosisday.org/
	30	Dublin City Marathon		office@dublinmarathon.ie http://adidasdublinmarathon.ie/
	1-30	November Prostate Cancer Awareness campaign	Irish Cancer Society	www.cancer.ie
	12	World Pneumonia Day		http://www.worldpneumoniaday.org/
DEC	13-19	World Antibiotic Awareness Week	WHO	http://www.who.int/campaigns/world-antibiotic-awareness-week/en/
	14	World Diabetes Day		www.idf.org/worlddiabetesday www.diabetes.ie
	16	World Philosophy Day	United Nations	http://www.un.org/en/events/philosophyday/
	16	World COPD Day	COPD Support Ireland	www.copd.ie Phone: 01-2833500 www.goldcopd.org/wcd-home.html
	16-22	World Antibiotic Awareness Week		http://www.who.int/en/ HSE www.undertheweather.ie
	19	International Men's Day	International Mensday.com	Men's Health Forum in Ireland www.mhfi.org
	19-23	EU Action on Alcohol Week	HSE	www.askaboutalcohol.ie
	20	Universal Children's Day		www.un.org/en/events/childrenday/ http://www.childrensrights.ie/ www.unicef.org info@childrensrights.ie
	25	International Day for the Elimination of Violence against Women		http://www.un.org/en/events/endviolenceday/
	1	World AIDS Day		www.worldaidsday.org/events ACET (AIDS Care Education & Training Ireland) www.acet.ie

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